

UNACCEPTABLE TO TOTAL ACCEPTANCE

Before I always felt I needed to be good to gain love, approval and acceptance. I thought that love was conditional. I didn't understand that I was lovable as myself as I was.

In God, I am accepted and loved unconditionally. God loved me before I knew Him. That love didn't start when I asked for forgiveness and doesn't stop when I do wrong things. He cannot love me any more or any less, because His love is complete, all-encompassing, unchanging, and perfect. My actions cannot change that, and God says 'Perfect love casts out fear'.